TSB SCOTTISH NORTH DISTRICT CHAMPS Nairn

ALAN REID was in outstanding form when winning the men's title for the fourth time in eight years while Angle Ross was equally dominant when picking up her first ever women's champonship, Fraser Clyne reports.

Reid took control right from the

up her first ever women's championship, Fraser Clyne reports.
Reid took control right from the gun and the outcome was never in doubt as he powered away from his opponents and eventually came home over two minutes clear of 1987 and 1988 champion Ross Arbuckle who led Keith and District AC to a successful defence of the team title.

defence of the team title.
Former Scottish junior international Maicolm Bain, winner of
the U20 title in the previous two
seasons, stepped up to the
senior event and claimed third
place while Frankle Barton collected the M40 award in fourth
spot.

spot.
In the M40 race, Doug Cowie
just got the better of Graham
Miline, who had the consolation
of leading Moray to the vet team

title.
Former Scottish schools international Kevin McAlpine defeated Sandy Scott and Jonathon Cowle to add the U20 crown to the U13 and U15 awards he had won in 1991 and 1993 respectively.

and U15 awards he had won in 1991 and 1993 respectively. Niell Cameron (U17), Craig Poole (U15) and Mike Chisholm (U13) were all clear winners of their researches are groun titles.

(U13) were all clear winners of their respective age group titles. Angle Ross won the women's race with a clear win over Jenny Rankin who helped Inverness Harriers take the team prize for the fifth time in seven seasons. Inverness celebrated other individual successes with Ann MacLean taking the W35 championship and Allson Campbell the U17 title. Ruth McCallum took the 1120 women's prize.

the U20 women's prize.
The 1995 U13 winner Joanne
Logie defeated defending champion Debbie Hastie to take the
U15 title.

There was a surprise in the U13 race in which Loma Paton, undefeated in the North league all season, finished sixth with Sarah Gibb coming through to take the title ahead of Jennifer Main and Emma Thomson.

Men
1 A Reid (P'head) 41:32; 2 R
Arbuckle (Keith) 43:49; 3 M Bain
(S'way) 44:18; 4 F Barton (Keith,
M40) 44:42; 5 S Pride (Keith) 44:45, 6 D Cowle (Forres, M40) 45:25; 7 G
Milne (Moray, M45) 45:27; 8 B Law
(Keith) 45:40; 9 B Fieldsend (Press)
45:41; 10 C Shearer (Ork) 45:45; 11
J McGhee (Forres) 45:59; 12 S
Burns (Loch) 46:08

U20 1 K McAlpine (Naim) 46:13; 2 S 1 K McAlpine (Narri) 40:13, 2.0 Scott (Moray) 46:31; 3.J Cowle (Moray) 46:35; 4.S Atkinson (Loch) 47:06; 5.B Brooks (Loch) 48:30; 6.R Morrice (P'head) 50:10 M50: G Mitchell (I'ness) 48:01 TEAM: 1 Keith and District 48; 2

Moray Road Runners 102; 3 Forres Harriers 110 VET TEAM: Moray Road Runners U17

1 N Cameron (Forres) 25:46; 21 Arthur (P'head) 26:06; 3 S Campbell (M BI) 26:29, 4 ECameron (P'head) 27 13: 5 L Brown (Forres) 27:27, 6 J Davidson

TEAM: 1 Peterhead AAC 14; 2 Minoita Black Isle 22; 3 Moray

Road Runners 33 1 C Poole (MBI) 19:17; 2 T Golabek (MBI) 19:26; 3 B Irvine (Fraser) 19:39; 4 L Buchan (P'head) 19:46; 5

R Paterson (Moray) 20:00; 6 J Mitchell (Forres) 20:12 TEAM: 1 Minolta Black Isle 34; 2

Moray Road Runners 34; 3 Stornoway 48

U13 1 M Chisholm (Loch) 15:46; 2 B r M Chisnoim (Loch) 15:46; 2 B Crawford (Fraser) 16:42; 3 A Watt (P'head) 16:56; 4 C Aird (P'head) 16:56; 5 K Black (Moray) 16:59; 6 C Moore (MBI) 17:06 TEAM: 1 Minotta Black Isle 22; 2 Moray Road Runners 27; 3 Fraserburgh 29

Women 1 A Ross (Naim) 22:13; 2 J Rankin (I'ness) 23:23; 3 J Anderson (Loch) 23:35; 4 A Maclean (I'ness, W35) 24:09; 5 R McCallum (MBI, U20) 24:35, 6 C Falconer (MBI) 24:41, 7 P Mitchell (Morzy, W35) 25:08, 8 M Thompson (Morzy) 25:11, 9 J McKinnon ("ness, W35) 25:20, 10 J Walker (I'ness) 25:34

TEAM: 1 Inverness Harriers 15, 2 Moray Road Runners 26; 3 Nairn 40

U17 1 A Campbell (l'ness) 24:25; 2 K McKenzie (l'ness) 25:12; 3 M Stewart (Moray) 25:54; 4 A Barber (Forres) 26:04; 5 F Ross (Moray) 27:34; 6 S Stewart (Moray) 29:59 TEAM: 1 Inverness Harriers 10, 2 Moray Road Runners 14

1 J Logie (Moray) 17:26; 2 D Hastie (P'head) 17:47; 3 R Maclean (l'nesa) 17:57; 4 V Nesbitt (Forres) 18:45; 5 L Reid (Moray) 18:59; 6 A Wheeler (Fraser) 19:03

TEAM: Inverness Harriers 20 **U13**

1 S Gibb (Fraser) 12:08; 2 J Main (I'ness) 12:16; 3 E Thomson (Moray 12:43; 4 R Mitchell (Forres) 13:15; 5 R King (Moray) 13:24; 6 L Paton (MBI) 13:38

TEAM: 1 Moray Road Runners 18; 2 Inverness Harriers 20; 3 Minolta

Black isle 25.